

# Tot Shabbat

## Teacher Guide 2011



## **Goals of service**

Community gains comfort and access to prayer in a joyous and energetic environment--goal is for our students to grow loving to daven--pray

- Students are challenged to try and experiment with new ideas
- Students will gain new levels of engagement into communal prayer experiences

Develop lenses to see and use prayer

- Students will develop metaphors to help them process prayer
- Students will develop prayer vocabulary

Language

- Students will learn prayer choreography and terms of the synagogue/service (aron kodesh-ark etc)
- Concepts-students will understand what a prayer "does"

Structure

- Students will learn the outline of the prayer service and the role of the prayers based on their placement in the service

Students will create personal prayer

## **Concepts to think about and consider as educators**

- The words of the prayers in many ways are a vehicle--we pray in concepts, not translation
- English just as complex as Hebrew
- We are never done learning growing theologically--we struggle and are challenged by prayer our entire lives
- Prayer is intimidating and can be scary for a participant.
- Not in language we use and written in poetry
- Often we are not familiar with the tunes and the prayer choreography/rituals of the service
- Powerful for students to see us struggling

## **Teacher's role in Tefillah**

- Participate--model participation
- Try**
- As comfort grows we will give you chances to lead and try new ideas
- Incorporate ideas in classroom

## Order of Service

### 1. Welcome

Set induction  
Shabbat Shalom

## Birkot Hashahar

### 2. Mah Tov

Welcoming, complement

## Psuke D'zimra

### 3. Hallelu

Praise God, warm up

## Shaharit

### 4. Barekhu

Gathering community, calling out

### 5. Yotzer Or

God as creator

### 6. Or Hadash

Light as metaphor for God

### 7. Shema

Kedusha--holiness

### 8. V'Shenantam

places we can find/discover God in  
our lives

### 9. Emet

God as truth metaphor

### 10. Mi Kamokha\*

Who is like God

### 11. Tzor Yisrael

God as ruler

### 11. Adonai Sefatai

Finding words to communicate with  
God/personal prayer

### 12. Avot\*

Elohai--personal relationship with  
God

### 12. Yismekhu

Celebrating nature

### 13. Oseh Shalom

God as partner in creating peace

### 14. Torah Service

Shema  
Torah Torah  
Yisrael Had Hu

Torah Discussion/Experience  
Vzot Hatorah  
Etz Hayim Hi

### 15. Adon Olam

God as ruler

### 16. Vshamru

Shabbat

Preparation/Welcoming Shabbat--Hakhanah L'Shabbat

### 17. Lekha Dodi

Shabbat Songs

Beginning prayers

\* Probably only for K

**THEME OF TEFILLAH  
COMPLEMENT/WELCOMING/  
COMMUNITY**

**SUPPLIES AND PROPS:**  
Large Parachute

**ACTIVITIES:**

- Hold parachute and go under to make the OHEL--tent
- Up and down three times and then under on third try

**BACKGROUND INFORMATION**

-Ohel--tent--a way to think about our community

Mah Tovu was a complement given to Israel for how they treated each other while camping in the desert.

Mah Tovu is a reminder that we need to protect and support members of our community even when come together to pray. We need to create a safe, sacred space that becomes an anchoring point for our community. We have the power to help those around us pray to God



**Wow! it is so great  
We are all here  
Together!  
Sing Mah Tovu**

How great are your  
tents Jacob, your  
dwelling places Israel

**THEME OF TEFILLAH  
THANKS--GRATITUDE**

**SUPPLIES AND PROPS:**  
none

**ACTIVITIES:**  
-Jump/toss children in the  
air while singing

**BACKGROUND INFORMATION**

P'suke D'Zimra, the second component of the morning service is made up of psalms, biblical poetry. This piece of the service functions as a "warm up" -- a way to focus as we gather to sing the Shema and Amidah--the core pieces of the morning service.

Psuke Dzimra explores the power of being thankful--this part of the service is joyful which is expressed in the energy of the psalms.

Hallelujah--Thank  
God--YEAH GOD!



Halleluyah, thank You God!